

Cc program expanded

CC: a platform specifically designed for communication

1. Front Cover
2. Definitions
 - a. Terms: Conscience Culture, Collective Conscious, Collective Unconscious
 - b. Google search:
3. Body Map
 - a. water is life **SPECTRUM: SIZE & ENERGY & FORCE**
 - b. arterial and lymphatic
 - c. regeneration
 - d. cellular diversity
4. Historical Events **SPECTRUM: BIOLOGICAL: DNA/GENETIC SIMILARITIES, CELL AND BODY COUNTS, TIME; GOVERNMENTAL, ORGANIZATIONAL, EDUCATIONAL, FINANCIAL**
 - a. biological adaptation
 - i. billion
 - ii. millions
 - iii. centuries
 - iv. lifetimes
 1. bipedal movement proceeds brain development
SPECTRUMS: MOTOR MECHANISMS
 - a. exploration, adventure and integrating experience
 2. cell death and stagnation **SPECTRUMS: DIFFERENTIATED CELL VARIETIES AND FUNCTIONS**
5. The Cave Allegory
 - a. squaring the circle and self-transcendence
6. Needs - spectrums
 - a. safety
 - i. **education spectrum**
 - ii. **financial/resource spectrum**
 - b. transcendence
 - i. **belief spectrums**
 1. ending dualities (see: conclusion/analysis unification of social movements and ideologies)
7. Experiments SPECTRUM: **PSYCHOLOGICAL** PROCESSING LIMITS, COMP TO COMPUTER LAW OF EXPONENTIAL INCREASE, MEMORY AND BIAS SPECTRUMS OF PSYCHOLOGICAL DISORDER, SAINTS AND TERRORISTS OR A BROAD MEANS OF CLASSIFYING THE SPECTRUM, **SOCIOLOGICAL LAWS AND NORMS OF BEHAVIOR, CONFORMITY AND DEINDIVIDUATION, LACK OF FORMAL (PSYCH) OR META FORMAL (SOCIO) PROCESSING**
8. Analysis - **Find and reorder spectrums to each quadrant (magnitudes of size, force, etc. physio(bio)) magnitudes of financial/educational/econ worth(socio-economic) , magnitudes of first two needs (physio, safety)(BIO), magnitude of Safety and love (Socio), Magnitudes of Esteem and self-actualization (Psycho), magnitudes of transcendental organizations (spiritual/political/governmental/beliefs) so the analysis is a mere objective**

realization death, introspect, old age: accept death, beginning new, hope
a. <https://study.com/academy/lesson/pioneers-in-human-development-theory-freud-piaget-jung.html>

- vi. cognitive
 1. piaget **SPECTRUM: PSYCHO: COGNITIVE DEVELOPMENT & OPERATIONS**
- vii. Bronfenbrenner
 1. **SPECTRUMS: SPIRITUAL/GOVERNMENTAL: Ecological Systems of Organization**
- viii. moral stages
 1. **SPECTRUMS: SPIRIT/GOV. OF MORALITY**
- ix. free will
 1. user illusion already **spectrum of data**
 - a. bits unconscious to bits conscious ratio
 2. compatibility theory
- d. sociological development
 - i. **master-slave psycho-socio mode of operation and spectrum of behavior**
 1. hegel, nietzsche,
 2. mastery
 - a. 10,000 repetitions
 - ii. seville wars
 1. **historical spectrum of slavery**
 - iii. The Four Directions
 1. spectrums: archetypes, personality types
 - a. Triad relationship Dynamic - mother father and self
 - b. Humors
 - c. Conditioning
 - (a) hunger, appetite
 - d. Marcia adolescent ID
 - (a) commitment, exploration
 - e. attachment theory
 - (a) harlows monkeys
 1. lasting effects of social isolation
 - (b) bowlby and the strange protocol
 1. trust self, trust others
 - (c) erikson
 - f. Big 5
 - g. myers briggs
 - h. gardners 8 intelligences
 - i. betrayal trauma theory
 - iv. knowledge (**spectrum of cognitive operations, memory limits, bit processing speed**)
 - v. logic
 - vi. current figure heads: putin, trump and gates

picture comparison, with little needed for an authoritative or personal interpretation

- a. biological,
 - i. (ref. above) biological adaptation
 - ii. similarities
- b. stages of brain development
 - i. CBT,
 1. automatic thoughts
 - a. quality over quantity
 2. Triads,
 3. Transactional
- c. Psychological
 - i. CBT
 1. Thoughts, Feelings and Behavior, self-others-future, the stoics
 - a. **SPECTRUMS: BELIEFS: SELF, OTHERS, FUTURE**
 - ii. the magic number 7
 1. **SPECTRUMS DATA PROCESSING**
 - iii. the superstitions of the pigeon
 1. **SPECTRUMS BELIEF; see: cognitive dissonance, belief perseverance**
 - iv. Freud
 1. **SPECTRUMS (PSYCHOLOGICAL) DEFENSE MECHANISMS**
 - v. jung
 1. Confession, elicitation, education, transformation
 - a. **SPECTRUMS: PSYCHO-SPIRITUAL OPERATIONS OF CHANGE, SCIENTIFIC METHODOLOGIES, PROTOCOLS,**
 - (a) Individuation as Interpersonal Exploration,
 - (b) Individuation as Intrapsychic Exploration, and (c) Individuation as Integration
 - b. Day1995
 2. Shadow, anima/Animus, self
 - a. (Triad Relationships)
 - (a) Thoughts-Feelings-Behavior, Self-others-future, shadow-self-animus, parent-child-adult, unconscious-id-superego
 - b. <https://scottjeffrey.com/individuation-process/>
 3. Childhood: ego, conscious awareness developing , youth: sexuality, Independence, family raising, middle life:

1. SPECTRUM (SPIRITUAL/POLITICAL - SPECTRUM OF SAINTS TO TERRORISTS)

- vii. Top Rated Movies: (Artistic Spectrum?)
 1. IMDB
 2. childrens shows (**SPECTRUM OF LIFE SCRIPTS (PSYCHO-SOCIO): ARTISTIC CREATIVITY, STORYLINE TYPICALS, EDUCATIONALS VS THEATRICALS**)
 - a. main themes: optimism, team-work and problem solving
9. controversial topics
 - a. **spectrums of duality (DISSONANCE: SPIRITUAL / POLITICAL DISSONANCE (spiritual and political beliefs do not line up with behavior of organism)**
 - i. canons, canons, qanon, illuminati
 - ii. **pro choice and pro life,**
 - iii. **drug culture**
 - iv. master slave psychological, economic and governmental
 1. cultural yet not biological (d. adams)
 - b. underlying values
 - i. full human potential, human-centered capitalism, (**SOCIO-ECONOMIC SPECTRUM OF HUMAN VALUE BY REGION vs or combined with SPECTRUM OF SLAVERY**)
 - c. affirm life
 - i. nietzsche, (this and all below = **SPECTRUM DUALITY/DISSONANCE / SPIRITUAL / SOCIO/PSYCHO (all but BIO (all but natural-the potent invisible effects of culture))**)
 - ii. man's search for meaning: statue of responsibility, the logos, the two voices (theology for the social gospel)
 - iii. win-win,
 - iv. life affirming, the logos, Affirming
- 10.methods of identity expansion
 - a. observational analysis
 - b. experimental analysis
 - i. bio-conditions
 - ii. socio-conformity (**spectrum of conformity = / slavery?**)
 1. externalization
 - iii. psych-power (**spectrum of control / power / addiction (and operating modes(transtheoretical model of change))**)
 1. projection, internalization, objectification, externalization
 - iv. spiritual governmental

- 1. parenting styles
 - c. meta-analysis (CC Logo)
 - i. CC Logo
 - d. Conclusion
 - i. platos cave
 - 1. **needs and barriers**
 - 2. **(variables) - size of flame and perception**
 - a. ventilation and oxygen
 - b. hunger and appetite
 - c. control and attention - and other executive function discussed(discuss is to share disgust) in
 - d. attachment trust self trust others
 - ii. bio - housing security, eco cities, education, concrete practical and ready solutions
 - iii. psycho - squaring the circle self-transcendence
 - iv. socio -
 - v. spiritual – “governmental” / complex organization (governmental structures governing/ influencing intrapsychic (bio psycho socio domains) – one step beyond t
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- 1. Internal Dissonance vs Coherence (Intrapsychic)/
 - 2. political (intra/inter-group)
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CC2 Stats 4.4 x main citations.odt

Physiological Needs

(Air, Water, Food, Shelter, etc.)

- 1. Air
 - a. CO2
 - i. 415 co2 ppm (Hawaii/Worldwide, Delhi, china, us),
 - ii. **sick classrooms caused by rising co2 levels**
 - 1. effects on brain performance, (1-3)
 - b. **Air Pollution Kills as many as Cigarettes. (4-8)**
 - i. Smoking 1/3 Cigarette a day equivalent air pollution for the average American
 - ii. 10,000 - 107,000 Americans Die Due to Air Pollution Annually
 - iii. Smoking 5-7 Cigarettes a day equivalent air pollution for the average European
 - iv. Smoking A pack of Cigarettes a day equivalent to breathing in Delhi, India and Beijing China Air
 - v. 7 million deaths worldwide attributed to Air Pollution
 - c. Bird Extinction
 - i. 3 Billion (about 30%) birds lost from North America in last 50 years
- 2. Water
 - a. **485,000** (780,000 WWDR) deaths caused each year by contaminated drinking water, (9)
 - i. 297,000 deaths of children 5 years and younger each year (Preventable)
 - b. **2 billion people globally** use a **drinking water source contaminated with feces**
 - c. **40% of the lakes in America** are **too polluted** for fishing, aquatic life, or swimming

- i. 16 million Forced Labor exploitation (1 in 4 are children (4 million))
 - 1. Raw Minerals mining (www.slaveryfootprint.com)
- ii. 4.8 million Forced Sexual Exploitation
- iii. 15.4 million Forced Marriage
- iv. 4.1 million State-imposed forced labor
- b. List of 149 **Products Produced by Slaves in the US Economy** (US Dep. Of Labor 2018)
 - i. alcoholic beverages, artificial flowers, baked goods, bamboo, bananas, green/soy and yellow beans, beef, tobacco, bricks, carpets, cashews, tin, ceramics, Chile peppers, citrus fruits, cloves, coal, cocon, coffee, corn, cotton, cucumbers, cumin, diamonds, fish, eggplants, an assortment of electronics, emeralds, fireworks, poppies, footwear, furniture, steel, garlic, garments, gold, grapes, gravel, hazelnuts, iron, leather, lobsters, locks, matches, meat, melons, nails, palm oil, olives, onions, palm thatch, peanuts, pineapples, pornography, rice, rubber, salt, sand, shellfish, shrimp, silk fabric, soap, sugarcane, surgical instruments, tea, timber, vanilla, wheat, potatoes, carrots and more
- c. **400,000 modern slaves in the United States**

Safety/ Security

(personal security, employment, resources, health, property, etc.)

- 1. Governmental
 - a. *Democide*: The murder of any person or people by a government, including genocide, politicide, and mass murder.
 - b. **35,654,000 War Deaths vs. 182,800,000 Democide** Deaths (1900-1999)
- 128,168,000 VICTIMS: THE DEKA-MEGAMURDERERS**
- i. 61,911,000 Murdered: The Soviet Gulag State 1917-1987
 - ii. 35,236,000 Murdered: The Communist Chinese Ant Hill 1928-1987
 - iii. 20,946,000 Murdered: The Nazi Genocide State 1933-1945
 - iv. 10,214,000 Murdered: The Depraved Nationalist Regime 1921-1948
- 25,178,000 VICTIMS: THE LESSER MEGA-MURDERERS**
- v. 6,000,000 Murdered: (CIA Covert) American Holocaust 1947-1987
 - vi. 5,964,000 Murdered: Japan's Savage Military 1937-1945
 - vii. 2,035,000 Murdered: The Khmer Rouge Hell State 1975-1979
 - viii. 1,883,000 Murdered: Turkey's Genocidal Purges 1900-1923
 - ix. 1,670,000 Murdered: The Vietnamese War State 1954-1987
 - x. 1,585,000 Murdered: Poland's Ethnic Cleansing 1945-1948
 - xi. 1,503,000 Murdered: The Pakistani Cutthroat State1971
 - xii. 1,072,000 Murdered: Tito's Slaughterhouse 1941-1987
- 6,945,000 VICTIMS: SUSPECTED MEGAMURDERERS**
- i. 1,663,000 Murdered Orwellian North Korea 1948-1987
 - ii. 1,417,000 Murdered Barbarous Mexico 1900-1920
 - iii. 1,066,000 Murdered Feudal Russia 1900-1917
 - iv. 1,500,000+ Illegal Organ Harvesting and Transplants China 2000-2020

- i. 15 *interesting facts about water pollution that you should know,*
- d. Fish Extinction
 - i. 95% Reduction in Salmon & Lamprey Populations (Once Native Food Sources)
- e. **Ocean Acidification**
 - i. 90% Coral reefs will die by 2050
 - 1. Responsible for producing half (50%) of the worlds oxygen and absorbing 30% of man-made carbon dioxide
- f. **Drought**
 - i. WWDR 2020
 - 1. Figure 4.1, 6, 15, 16
 - 2. During the past 20 years, the two main water-related disasters - floods and droughts - caused more than 166,000 deaths, affected another three billion people and caused total economic damage of almost US\$700 billion (EM-DAT, 2019). Droughts accounted for 5% of natural disasters, affecting 1.1 billion people, killing 22,000 more, and causing US\$100 billion in damage over the 20-year period (1995-2015). Over the course of one decade, the number of floods rose from an annual average of 127 in 1995 to 171 in 2004 (CRED/UNISDR, 2015).
- 3. **Land**
 - a. 50% of the Amazon Forest will be lost by 2050 (10% reduction in Oxygen)
 - i. Losing 3 football fields per minute
 - b. 50% of Species on Earth will be Extinct by 2050
 - c. 50% of Species on Earth will be extinct by 2050
- 4. **Waste**
 - a. **30-40% of the US food supply is wasted or 133 billion pounds and \$161 billion worth of food** (2010)
 - i. *Food waste FAQs usda.gov*
 - b. Average Annual CO2 use per person
 - i. 4.5 tons per person globally
 - ii. 4.6 tons Co2 per typical passenger vehicle
 - iii. 6.4 tons Co2 per person in China
 - iv. 17.5 tons Co2 per person in US
 - v. Denmark carbon tax \$18 per ton Co2
 - c. Figures for the Biggest Polluters (2011)
 - i. China, 10 billion tons
 - ii. United States, 5.9 Billion tons
- 5. **Hunger**
 - a. **40 million American's are malnourished,**
 - b. 40.6 million American's rely on the Supplemental Nutrition Assistance Program (SNAP)
 - c. 93.3 million adults and 13.7 million children are obese
 - i. Adults?
 - d. more than 1 in 4 children live in food insecure households in lane county hunger in Lane County 2016
- 6. **Homeless**
 - a. **3.5 million Americans homeless each year**
 - i. **1 million are children**
 - b. **70.8 million refugees, asylum-seekers and internally displaced people (2018)**
- 7. **Enslaved**
 - a. **40 million Slaves** Worldwide

- 1. 60,000 illegal organs harvested and transplanted in China annually, report finds _ *The Independent*
- 2. 114,000 people were reported to be waiting for a new organ in the US (2018)
- v. 1,300,000+ Murdered American Terror State
- b. **262,000,000 Total Democide Deaths** (88,000,000 Pre-Twentieth Century)

To give perspective on this incredible murder by government, if all these bodies were laid head to toe, with the average height being 5', then they would circle the earth ten times. Also, this democide murdered 6 times more people than died in combat in all the foreign and internal wars of the century. Finally, given popular estimates of the dead in a major nuclear war, this total democide is as though such a war did occur, but with its dead spread over a century. RJ Rummel, *Death By Government*

If the Nuremberg laws were applied, every post-war American President would have been hanged:

- i. Truman
 - 1. 2 atomic bombs killed at least 129,000 citizens
 - 2. Proceeded to organize major counter-insurgency campaign in Greece which killed about 160,000 people, 60,000 refugees, and other 60,000 or so people torture, political system dismantled, for American corporations to come in and took it over.
- ii. Eisenhower
 - 1. Overthrow of the government of Guatemala,
 - 2. Invasion of Lebanon in 1958
 - 3. Overthrow of the government of Iran through a CIA-backed coup
- iii. Kennedy
 - 1. The Invasion of Cuba
 - 2. The Invasion of South Vietnam
- iv. Johnson
 - 1. Indochina war
 - 2. The Invasion of Dominican Republic
- v. Nixon
 - 1. Invaded and Bombed Cambodia
- vi. Carter
 - 1. Supported Indonesian invasion of East Timor
- vii. Reagan
 - 1. Central America Contra's Operation
 - 2. Support for the Israeli invasion of Lebanon
- viii. Bush Sr
 - 1. Condemned by International Court of Justice for "unlawful use of force"
 - 2. Gulf War
- ix. Clinton
 - 1. Kosovo tragedy
 - 2. Genocide in Iraq
- x. Bush Jr
 - 1. Found guilty by the Kuala Lumpur War Crimes Commission for torture and cruel, inhumane and degrading treatment
- xi. Obama
 - 1. Global Drone Assassination Campaign

- xii. Trump
1. "War Crimes Enthusiast"
 - a. Assassination of Soleimani
 - b. Threatened to commit war crime, "as specified in Geneva Conventions as well as the US law of War Manual, extensive provisions related
 - c. Pardoned multiple war criminals, As the president put it on Twitter, "We train our boys to be killing machines, then prosecute them when they kill!" This is a philosophy that makes **no moral distinction between killing combatants and killing the innocent.**
 - d. vowed to impose torture techniques "a hell of a lot worse than waterboarding." Trump declared that he would "take out the families" of terrorist suspects, assuring skeptics that the military would not refuse his commands, even though service members have a duty to refuse orders that are manifestly illegal. "If I say do it, they're going to do it."
- a. Local Government
- i. North America 17th century onward
 1. Initially little control from governments back in Europe, many settlements began as shareholder or stockholder business enterprises, and while the king of Britain had technical sovereignty, in most instances "full governmental authority was vested in the company itself" Settlers had to fend for themselves; compact towns sprung up based as legal corporations in what has been described as "pure democracy"
 - ii. *Do you live in a corrupt city?*
 1. In 2015, when the University of Illinois released its study on government corruption, researchers tallied up the number of corruption convictions in big cities over the years. Miami and Newark both saw over 400 convictions on corruption charges from 2000-09.
 - iii. *Want to own a city?*
 - iv. *Can Cities become self-reliant on food?*
 1. It is concluded that while high levels of local self-reliance would require an active role of city governments and planners, public commitment, financial investment, and labor, the benefits to human health, the local and global environment, and the local economy and community may outweigh the cost.
- b. *Investigating Planned Parenthood and Research Using Aborted Babies*
- i. ~~Taxpayers fund the sale of aborted baby parts with millions of dollars annually. In 2014 alone, the NIH spent \$76 million on human fetal tissue research "with grants to more than 50 universities, including Columbia, Harvard, the Massachusetts Institute of Technology, Stanford, Yale and the University of California in Berkeley, Irvine, Los Angeles, San Diego and San Francisco. It expects to spend the same amount in 2015 and 2016." Taxpayers have a right to know how these baby parts were obtained, which Planned Parenthood affiliates and other abortion facilities were involved, as well as which biotech companies and end consumers profited from the sale and use of aborted baby parts~~
2. United States Justice Department
- i. **\$210+ billion**
 1. **\$29.9 billion** Department of Justice (Executive Branch) Annual cost (2019)
 2. **\$81 billion annual cost to U.S. taxpayers**, (Prison, parole, and probation operations)
 3. **\$100 billion** in costs that are paid by individuals (police and court costs, bail bond fees, and prison phone fees generate)
1. Revenue - \$3.706 Trillion
- a. Income Taxes - \$1.8 Trillion (49% of FY 2020)
 - b. Payroll Taxes - \$1.3 Trillion (35%)
 - c. Corporate Taxes - \$265 Billion (7%)
2. Spending - \$4.79 Trillion (2020)(\$1.083 Trillion Budget Deficit for 2020) vs \$4.4 Trillion Budget of U.S. Government (2021)
3. Discretionary Spending
- i. Defense - \$633 Billion (2020) vs \$705.4 Billion Annual (2021) Defense Budget
 - ii. Health and Human Services - \$106 Billion
 - iii. Veterans Affairs - \$93 Billion
 - iv. Education - \$72 Billion (Link to graduation rates)
 - v. Housing and Urban Development - \$57 Billion
 - vi. Homeland Security - \$48 Billion
 - vii. State - \$48 Billion
 - viii. Energy - \$39 Billion
 - ix. Justice - \$32 Billion
 - x. Nasa - \$23 Billion
1. 54% of all federal discretionary Spending
- b. Debt
- i. \$23.3 Trillion total Debt of US Government (Feb.2020, *Debt to the Penny*)
 1. \$78K worth of debt per US Citizen
 - ii. \$1.48 Trillion total debt of US Students
 - iii. \$30,100 Average Debt per US Graduate
- c. **Poverty**
- i. **39.7 million** American's live in poverty (12.3% of the population) (2017)
 1. **12.8 million (32%) children**
 - a. ***Poverty linked to brain structure in children***; families that earned less than \$25k/year had **6% less brain surface area** than those whose families earned \$150k/year or more
 - i. Lead researcher Kimberly Noble teacher at Columbia University Medical School and senior author Elizabeth Sowell of Children's Hospital in Los Angeles California
 - ii. 23% of American's save no money from their paycheck
 1. 58% of US Citizens have **less than \$1,000 in savings**
 2. 40% of US Citizens have less than \$400 in the bank for emergency expenses
 - iii. Global Disparity
 1. Per Capita Incomes worldwide rage from \$280 in Burundi to \$82,230 in Norway with the US in between at \$56,180
 2. \$10,298 is the average worldwide per capita income
 3. \$32,400+ annual income places an individual in the global 1%
 4. \$718,766+ US top 1%, \$118,400+ US top 10%
- d. **Employment**
- i. Unemployed
 1. 4.2% Unemployed or 6.8 million people (2017)
 - ii. Unsatisfied

- ii. Incarceration in the United States (include graphic)
1. **2.4 million** people in US Prison (2008)
 - a. **25%** of the total **9.8 million** prisoners worldwide (2008) coming from a country with only 5% of the global population
 2. **6,613,500** people in the US adult correctional systems (2016)
- iii. Increase in crime
- a. United States Population and Number of Crimes 1960 - 2018
 - i. Year- Population - Total Crimes - Violent Crimes
 - ii. 1960 - 179,323,175 - 3,384,200 - 288,460
 - iii. 2018 - 327,167,434 - 8,441,110 - 1,245,065
 - b. United States Population and Rate of Crime per 100,000 People 1960 - 2018
 - i. Year - Population - Total - Violent
 - ii. 1960 - 179,323,175 - 1,887.2 - 160.9
 - iii. 2018 - 327,167,434 - 2,580.1 - 380.6
 - c. **136.7% Increase of total crime** since 1960
 - d. **236.5% Increase of violent crime** since 1960
 - i. Is prison supposed to rehab the individual, or is it supposed to earn money? If the goal is to earn money, then a high prison population is the end goal.
- iv. **2.3% - 5%** of all US prisoners are innocent
1. **120,000** people may be incarcerated as a result of wrongful conviction
 - a. The innocence project, Miscarriage of Justice Wiki
- v. "Bailing on the Justice System", Eugene weekly
1. "You get a lot of clients who say, 'I'm innocent, but I'm not going to trial, get me out of here. I don't care what I have to do, get me out of here now.'"
 2. "It turns it into a plea mill," he says. "Like a puppy mill, it's a plea mill. The attorneys get less money if they take a case to trial."
 3. "by and large most cases settle without going to trial — roughly 90 percent. And that's not just locally, that's nationwide."
2. **Energy**
- a. **Electrical Grid Dependency and vulnerability**
 - i. *10 Scary Things That Would Happen if the Grid went Down*
 1. No More supply Trucks
 2. Stores would close
 3. Schools would be shut down
 4. Commerce would cease
 5. Gasoline would be gone
 6. Cell service would stop
 7. Post offices would close
 8. Air conditioning wouldn't work
 9. Heaters wouldn't work
 10. No more running water
3. **Economic**
- a. Spending
 - i. Federal Budget FY 2020 (*The Balance.com/fy-2020-federal-budget-summary... pdf*) (*Budget_fy21(1).pdf*)-breakdown on pg111
1. 30% American's have seriously considered quitting their job in the last three months
2. **Health**
- a. One in Five adults in the United States has IBS (irritable bowel syndrome)
 - b. *CDC increases estimate of autism's prevalence by 15 percent to 1 in 59 children Autism Speaks*
 - c. 1 Million doctors
 - d. Prescriptions
 - i. 55% of American's regularly take a prescription medication
 1. WebMD "American's Taking More Prescription Drugs than Ever"
 2. *75% of med students are on antidepressants or stimulants (or both)*
 - ii. 1 in 6 Adult American's (40 million) take a Psychiatric Drug
 1. Medical Expenditure Panel Survey, Scientific American, "1 in 6 Americans Takes a Psychiatric Drug"
 2. *More Than 6 Percent of U.S. Teens Take Psychiatric Meds, Survey - WebMD*
 - iii. 1.3 million sought emergency room treatment for adverse drug effect
 - iv. ~ 124,000 died from *adverse drug effects*
 1. WebMD "American's Taking More Prescription Drugs than Ever"
 - e. Pregnancy
 - i. Medications
 1. 90% take a medication, 70% take a prescription
 - ii. Abortions
 1. Globally, there are 43.8 million abortions
 2. 47,000 deaths globally from abortions
 3. 1.4 million abortions in North America (2008)
 - a. Jan. 2012, WHO and the Guttmacher Institute, Infoplease, global abortion rates
 - iii. Post-Partum
 1. 89% Cesarean Delivery and 53% vaginal delivery filled prescriptions during the postpartum period
 2. 21,000 in the US women become chronic opioid users attributable to opioid use in postpartum period
 - f. **Addiction**
 - i. **70,237 Overdose Deaths** in the US (2017)
 1. Forbes, Drug overdose death in the US hit record high infographic
 - ii. **Opiates**
 1. 255,207,954 opioid prescriptions (2012)
 - a. CDC, "U.S. Opioid Prescribing Rate Maps"
 2. Heroin
 - a. 170,000 Used Heroin for the First Time
 - b. Lane County Deaths
 - iii. **Alcohol**
 1. 2,200 alcohol poisoning deaths in the US each year
 2. 26.9% (200+ million) US adults ages 18 and older reported that they engaged in binge drinking in the past month.
 - a. 15.1 million US adults ages 18 and older have Alcohol Use Disorder
 - b. 1 out of 8 addicted
3. 111 million Self-reported Drinking and driving episodes

- a. CDC. Behavioral Risk Factor Surveillance System (BRFSS), 1993-2014. Available at <https://www.cdc.gov/brfss>
4. 3.3 million deaths globally were attributable to alcohol (2012)
- iv. Sex addiction
 1. Pornography
 2. Addiction hr's a week
 3. Annual sales
 4. Enhancement drugs Pentagon Spending
 - 5.
 6. 12% total websites are pornographic (4.2 Million Websites)
 7. 42.7% internet users view porn
 - a. *Sexual addiction symptoms, abuse stats, withdrawal effects.pdf*
 - b. *Growing number of people addicted to pornography alarming - higher education.pdf*
 - c. *Pornography Facts and Statistics _ The Recovery Village*
 8. 6-8% adult Americans or 28-24 million
- g. Top 10 Causes of Death (2017)
 1. Heart Disease: 635,260
 2. Cancer: 598,038
- i. Medical Error: 250,000
 1. Accidents (unintentional injuries): 161,374
 2. Chronic Lower Respiratory Diseases: 154,596
 3. Stroke: 142,142
 4. Alzheimer's Disease: 116,103
 5. Diabetes: 80,058
 6. Influenza and Pneumonia: 51,537
 7. Nephritis: 50,046
 8. **Suicide: 47,173**
 - a. **030.pdf** Table 30. Death rates for suicide, by sex, race, Hispanic origin, and age: United States, selected years 1950-2016*
 - i. ***Children increase while over 40 decrease (implication of meds?)**
 - b. **20 Veterans Commit Suicide per day**
 - i. **60,000+ over 10 years, over same span number of suicides among all Americans rose by nearly 10,000 individuals annually, an increase of 30 percent, 6,100 in 2017**
 - c. **(military times)**
 - d. **300-400 Doctors Commit Suicide each year, more than double that of general population(npr.org)**
 - e. **Nurses - 23% more likely than women in general, 4x more likely to commit suicide than people working outside of medicine (nurse.org)**
 - f. **Farmers - 2x more likely than general population, and comp. to India drinking pesticide 200k+ deaths**
 - g. **Students - 2nd leading cause of death for students is suicide**
 - i. **As Student Suicides Rise, A Harvard Case Opens New Questions About Schools' Responsibility**
 - h. **Hospice (Key concern is Informed Consent and Freedom of Choice)**

- i. **7.7 million adults, or 3.5% of the U.S. population.**
- h. **Major Depressive Disorder**
 - i. **16.1 million** American adults, or about **6.7%** of the U.S. population age 18 and older in a given year
- i. **Persistent depressive disorder, or PDD**
 - i. **3.3 million** American adults
3. **Greed**
 - a. Luxury goods
 - i. **Military goods? Where to put**
 - ii. *The 20 Most Expensive Things In The World* compared to cheapest things in the world... (to give perspective)
 - 1.
 2. *These Are the Most Expensive Things in the World*
 - iii. *Comparing the cost of living between 1975 and 2015. You are being lied and fooled when it comes to inflation data and the cost of living.*
 - b. Luxury beliefs
4. Top Billionaires/Companies("freedom") (2019, and Forbes "the worlds billionaires" (1987-current) graph showing less than 1 trillion wealth in 2000 to over 7 trillion in 2015)
 - a. Top Companies
 - i. 2020 Global 500 Report "brand-finance-global-500-2020-preview.pdf"
 1. Amazon - 220 Billion
 2. Google - 160 Billion
 3. Apple - 140 Billion
 4. Microsoft - 117 Billion
 5. Samsung - 94 Billion
 6. ICBC - 80 Billion
 7. Facebook - 79 Billion
 8. Walmart - 77 Billion
 9. Pingan - 69 Billion
 10. Huawei - 65 Billion
 - a. Number of billionaires
 - i. *There are now 2,101 billionaires globally - up almost 40% from five years ago*
 - ii. **\$200 billion** - Vladimir Putin's estimated Net worth (Bill Browder, a former fund manager in Russia and major critic of Putin, estimated the president's net worth at)
 1. Top 25 Richest People in the World 2020_Wealthy Gorilla
 - a. Jeff Bezos Network: \$117.5 Billion
 - b. Bernard Arnault Net Worth: \$112 Billion
 - c. Bill Gates Net Worth: \$108.8 Billion
 - d. Warren Buffett Net Worth: \$89.9 Billion
 - e. Amancio Ortega Net Worth: \$77.9 Billion
 - f. Mark Zuckerberg Net Worth: \$77.7 Billion
 2. Percentage of overall wealth owned by top 10 people
 - b. Number of Billionaires
 - i. A total of **46.8 Million Millionaires worldwide**, and they collectively own approximately \$158.3 trillion (**44% of the Total \$360 Trillion Global Wealth**)
 1. Credit Suisse 2019 Report

- i. **1.65 million people received hospice services (2011) US, 25 million worldwide**
- ii. **44.6 % of all deaths in the U.S. occurred under the care of a hospice program (2011)**
 1. https://www.hopkinsmedicine.org/healthlibrary/test_procedures/urology/hospice_care_statistics_85_p006608
- iii. **Compared to Oregon only 1,459 DWDA patients (1998-2018) or 610 (2013-2017)**
 1. **Oregon Death with Dignity Act 2018 Data Summary**
2. **Education**
 - a. 70% of American's don't have a College Degree
 - b. 19% US High Schooler's don't Graduate on time
 - i. **Love and Belonging**
 - ii. (friendship, intimacy, family, sense of connection)
1. **Family**
 - a. **Time spent survey**
 - b. Four in 10 infants lack strong parental attachments Princeton university, 2014, " " "
 - i. V. # of adults
 - c. No maternal or paternal leave comp. to European countries...
 - i. Sleeplessness
 - ii. Ferber method
 - d. Divorce
 - e. Fatherlessness
 - i. Effects of fatherlessness
2. **Suicide** (moved to top 10 causes)
 - i.
 - ii. **Esteem**
 - iii. (status, recognition, respect, strength, freedom)
2. **Mental Health**
 - a. **13.8 million** Experience Mental Illness in a given Year (1 out of 5 adults or 20%)
 - b. **Generalized Anxiety Disorder (GAD)**
 - i. **6.8 million** adults, or 3.1% of the U.S. population, yet only 43.2% are receiving treatment
 - ii. Women are twice as likely to be affected as men. GAD often co-occurs with major depression
 - c. **Panic Disorder (PD)**
 - i. **6 million** adults, or 2.7% of the U.S. population
 - d. **Social Anxiety Disorder**
 - i. **15 million** adults, or 6.8% of the U.S. population
 - e. **Specific Phobias**
 - i. **19 million** adults, or 8.7% of the U.S. population
 - f. **Obsessive-Compulsive Disorder (OCD)**
 - i. **2.2 million** adults, or 1.0% of the U.S. population
 - g. **Posttraumatic Stress Disorder (PTSD)**

- ii. *How Much Income Puts you in the Top 1%, 5%, 10%? (among American's 2017)*
 1. Top 0.1% - \$2,757,000
 2. Top 1% - \$718,766
 3. Top 5% - \$299,810
 4. Top 10% - \$118,400
 - a. *Economic Policy Institute Study*
 5. According to the Global Rich List a \$32,400 annual income will place ... among the **global 1%** of earners
 - a. *Are you in the Top One Percent of the World?*
- c. Billionaire's_net_worth_2000-2015 (image)
 - d. **Self-Actualization**
- e. (pursuing a goal, realization of full potential, desire to become the most one can be)

1. *American Time Use Survey Home Page*
 - a. a2-2018
2. Professions
 - a. *Most American's Work one of these 10 jobs* (2014)
 - b. 1.1 million doctors of medicine all over the United States (2015)
 - i. U.S. Physicians - Statistics & Facts _ Statista
 - c. 1.35 million lawyers in the U.S (2019)
 - i. U.S._ number of lawyers 2019 _ Statista
 - d. 1.6 million engineers in the U.S. (2015)
 - e. 1.6 million construction laborers (2018)
 - f. 3.1 million teachers and over 49.5 million public school students in over 100,000 Operational public elementary/secondary schools in the U.S. States
 - i. public school students and teachers - Common Core of Data (CCD) - CCD Quick Facts
3. Leonardo DaVinci?
 - a. **Self-Transcendence**
 - b. (behaving and relating as ends rather than means, responsibility)
 - c. Giving oneself to something beyond oneself - altruism, spirituality - the desire to reach the infinite. "The very highest and most inclusive levels of human consciousness, behaving and relating, as ends rather than means, to oneself, to significant others, to human beings in general, to other species, to nature, and to the cosmos" (*Further Reaches of Human Nature*, New York 1971, p.269)
 - d.
 - e. Collective "umbrella"/All-inclusive movement - Affirming life
 - f. "politics has always had the notion it has to be me or you" B Fuller
 - g. Individuals

1. Albert Einstein
2. Eleanor Roosevelt
3. Gandhi
4. Martin Luther King
5. Buckminster Fuller
6. VP Press Kit Jacques Fresco

7. 3 environmental activists murdered per week (2018)
 - a. *164 Environmental Activists Were Killed Last Year_ Watchdog_ Time*
 - i. *Previous year 207*
 - b. *Disturbing Report Shows How Many Environmental Activists Are Killed Each Week*
 - i. *2019 Global witness report*
- a.
1. *List of religious populations - Size of Major Religious Groups, 2015 Religion Percent (/7.349 Billion Total)*
 - a. Christianity 31.2% - **2.3 Billion**
 - b. Islam 24.1% - 1.77 Billion
 - c. Unaffiliated 16% - 1.17 Billion
 - d. Hinduism 15.1% - 1.11 Billion
 - e. Buddhism 6.9% - 507 million
 - f. Folk Religion 5.7% - 419 million
 - g. Other (includes Judaism, Bahá'í, Sikhism, and Jainism) 1.0% - 73.5 million
2. Theology for the Social Gospel: (movements under transcendence?)
 - a. Economic inequality
 - b. Poverty
 - c. Alcoholism
 - d. Crime
 - e. Racial tensions
 - f. Slums
 - g. Unclean environment
 - h. Child labour
 - i. Inadequate labour unions
 - j. Poor schools
 - k. The danger of war
3. List of Social Movements:
5. In transcendence
 - Religious demographics, military personnel?
11. In self actualization
 - Top billionaires, top companies
 - Facebook, Cambridge analytics, CROWD CONTROL
 - And other behavior recording apps such as WhatsApp

12.

13. Current, past and projected Population Graphs

- a. Species (taxonomy hierarchy graph)
 - i. Mammals
 - ii. Fish
 - iii. Insects
 - iv. Flora and fauna
- b. Humans
 - i. Worldwide
 - ii. United States, Oregon,
 - iii. Lane County, Eugene, Ashland
 - iv.

Necessity for graphs to show that most phenomenon are not just a one-time event but an accelerating disaster: Crime rates, executive spending, homelessness, suicides, number of slaves, rearrange hospice

"Citation Main List. Historical, Statistical, Experimental and Contemporary"

Citation main list

Historical

1. Fire, Artwork, Music, Wheel
2. Egyptian, Hippocrates, Plato, Aristotle, Cicero
3. Copernicus, Galileo, Descartes, Newton, Hume, Hegel, Nietzsche, Marx, Jung

Statistical

1. RJ Rummel Democide
2. UN reports

Experimental

Contemporary

1. History of the Culture of war
2. belief in war determines participation
3. Enemy images biological or cultural

"CC1.234567 CC REPORT FORMAT"

Conscious Culture

1. Observations

- a. Definitions
 - i. Modern – Aware and Responding
 1. Biological Effects and Disorders
 - ii. Classical
 1. Consciousness
 - a. Plato; Human Nature, Forms and Goodness
 2. Conscience
 - a. Right or wrong, self-preservation, the super-ego
 3. Class Consciousness
 4. Double Consciousness
 - iii. Theoretical
 1. The Hard Problem
 2. Bicameral Mind
 - iv. Google Search
 1. FEMA
 2. Trust – underlying factor
- b. Historical Timeline
 - i. The Culture of War
 1. The State
 2. Democide
 - ii. The Culture of Peace
 1. World Historic Declarations
 - a. The Axial Age vs. Underlying themes
 - b. Native Treaties
 2. Revolutions
 - a. Scientific
 - i. Ancient Egypt, Greece and Europe
 - ii. A Unifying Methodology
 1. Ontological Proofs of God
 - b. Romantic
 - i. Battle against the Reductionism
 - c. Industrial
 - iii. Plato's Allegory of the Cave
 - c. Model Compilation
 - i. Needs and Behavior
 1. Fire

- a. Dbasse_ ... pdf - "with children's abilities to systematically explore these problems, formulate hypotheses, **manipulate variables, and observe the consequences.**"
2. Breath
 - a. Oxygen(saturation/capacity) and Pressure (Rate) Alkalosis/Acidosis
 - b. Relation to Hippocratic Four Humors
 - i. Healthy Balance of all
3. Individual Person
 - a. The Hierarchy of Needs
 - i. Stages
 - ii. Attachment and Grief
 - b. Cognitive Behavioral Therapy
- d. Statistics of War as Hierarchy
 - i. Physiological
 1. Air, Water, Land, Waste, Hunger, Homeless, Enslaved
 - ii. Security, Energy, Economic, Employment, Health, Education
 1. Governmental
 - a. Departments
 - i. Defense
 1. Justice – Crime Rates
 2. Health
- iii. Belonging and Esteem
 1. Time Spent Survey, Attachment, Sleeplessness, Divorce, Fatherlessness
 2. Mental Health, Greed, Top Dogs
- iv. Realization
 1. Professions and most impactful people (top dogs here?)
- v. Transcendence
 1. World Historic Individuals, Religious Demographics, Social Movements

2. Questions

- a. Why is it hard to do something we know is good for us?
 - i. Self-Help
- b. Why are they killing themselves?
 - i. Multi-Dimensional Suicide
- c. Who is responsible?
- d. Why is there a subjective experience?
 - i. Self-preservation
- e. Meaning of life questions:
 - i. What is the meaning of life, what's it all about, who are we? What is the purpose of life, of one's life? What is meaningful and valuable in life? What is the value of life? What is the reason to live, what are we living for?
 - ii. Why are we here, what are we here for?
 - iii. What is the origin of life?
 - iv. What is the nature of life, what is the nature of life, what is the nature of reality?
 - v. Where did we come from, where are we going and why?

3. Hypothesis

- a. Out of sight, out of mind
 - i. Out of sight externally &/or internally
 - 1. Caves of Steel Ending, and a higher justice than law.
- b. We are not [collectively] conscious
 - i. 90% brain, 9/10 people

4. Experiments

a.

5. Meta-Analysis

a. Biological

- i. Experimental – Reflex and Environmental Conditioning
- ii. Native Species Reduction
- iii. Health is defense and Preparation
 - 1. Water is life
 - 2. Effects of pollution on cognition
 - 3. Biological diseases
 - 4. Terrorism and the Electrical Power Grid
- iv. Will to Live/Pleasure
 - 1. Examining the Social media phenomenon
 - a. Redesigning our system to meet this shortcut/version of

b. Psychological

- i. Experimental – Cognitive Shortcuts
 - 1. Memory
 - 2. Data
 - 3. Heuristics
 - a. Introspection, Projection, Objectification, Internalization
 - b. Confirmation Bias, Stereotype Threat, Golem Effect
- ii. Attainment of Formal Processing
- iii. Addiction (Move to Spiritual? Why is it hard to do something we know is good for us – cog. Diss.)
 - 1. Learned helplessness. Addiction is a shortcut
- iv. Will to Power/Doubt

c. Sociological

- i. Experimental – Belonging, Conformity, Attachment
 - 1. The Strange Situation Protocol, Children and Adults
 - 2. Deindividuation, Moral Disengagement and Situational Affect
 - a. Assault on Identity
- ii. The Modern Holocaust
 - 1. Compared to Past Holocausts/Democide/Slavery
 - 2. Modern Slavery
 - 3. Informed Consent
 - 4. Statue of Responsibility
 - 5. “The Root of All Evil”

- 1. Fear for Survival creates **Enemy images** both internal and external
- 2. Affirmation of Life:
 - a. Interconnection
 - b. Win-Win Constructive
 - c. Co-Creative intentional wellness
- ii. D Adams
 - 1. Aspects of Culture of War
 - 2. *The myth of human nature discourages peace activist*
 - 3. **Enemy images** biological or cultural?
- iii. D Bella
 - 1. The Systematic Distortion of Information
 - 2. Art of the City
 - a. Salmon Day
 - b. Are Cars the New Tobacco?

6. Conclusion

- a. Returning to The Cave –
 - i. Meeting the Needs
 - ii. Removing the Barriers
- b. Individual - Retraditionalization
 - i. Survival and Moral based conscience
 - 1. Guilt from Slavery
 - 2. Vulnerability from Unsustainability
 - ii. Hopelessness
 - 1. Buckminster fuller quote “a new world coming through, less misinformation, in love with love and with the truth” and the 60s turned to lack of hope/pessimism and giving up on the dream and potential/likely movement subversion
 - a. Why is the truth hidden from us? It should be easy to discover and it's not.
 - b. Blaming the elders, blaming the structure. grievances
- iii. Trust Building
- iv. Emergency Ecological Moral Hierarchical Complicated Taxonomical Cognitive Trust-Crisis Circuit of Retraditionalization
- c. City – Self-sufficiency/Health/Preparedness – “Where to go from here”
 - i. Socio Slave free
 - 1. Initiatives stop harm, secure jobs and sustainability
 - ii. Bio Pollution free
 - 1. Cars tobacco, art of the city
 - iii. Politico Corruption free
 - 1. Acknowledge and apply universal rights! Transparency, money spending, do more with less, stop greed and waste
 - iv. Psycho free education and resources

- a. Inequality (or Jesus: “money”), Less than Human and Suffering is Necessary

iii. Will to Belong/Love

d. Spiritual and Governmental

- i. Experimental – Cognitive Dissonance
 - 1. Paradigms
 - a. Belief Disconfirmation
 - b. Effort (self) Justification
- ii. Addiction and/or Opium of the People
 - 1. Religious Demographics, core principles vs their behavior
 - 2. Social Gospel – **2 Voices**
 - 3. **Terror Management Theory “the Original Dissonance”**
 - a. Martin Luther King Quote
- iii. Declarations
 - 1. Lack of follow-through
- iv. Superiority Complex and NPD (Collective)
 - 1. Ego, Self-made man and disproportionate claim to ownership vs environmental influence
- v. Corruption
 - 1. Do you live in a corrupt city?
 - 2. Financial
 - a. Local Government
 - b. Justice System – Crime Rates and the
 - 3. Technological
 - a. Suppression of Technology Act
 - b. Cambridge Analytics
 - 4. State Sponsored Terrorism
 - 5. Can a Cities become self-reliant on food?
 - a. New York
- vi. Potential
 - 1. Green New Deal – Job Creation and Economic Boost
 - 2. Want to own a city?
 - 3. Open Source Ecology
 - 4. One Community Global
 - 5. The Venus Project
- vii. Will to Meaning/Believe
 - e. CBT Triangles (Self, Others, Future)
 - i. Potential, Rights, Mitigation
 - ii. Identity, Attachment, Cognition (already under Experimental?)
 - iii. Natural, Family, Grief
 - iv. Buddha, Teaching, Community
 - v. Know Thyself, make a Pledge Mischief is Nigh, All things in Moderation
- f. Samples
 - i. Informed Consent
 - ii. BP Oil Spill
 - iii. Masters Agreement
- g. Peer Review
 - i. PA Davis

- 1. for the full development of identity and protection from deindividuation

7. Misc.

- a. The coronavirus and times of pandemic
 - i. Needing a leader, breeding capitalism,
- b. Solving the hard problem: why is there subjectivity?
 - i. **Cc is (the area of self-transcendence, all inclusive of diverse movements** which all originated from trust and rights and life in some way)
- ii. Affirm life
 - 1. Protocol
 - a. Model
 - 2. Security *rights*
 - a. Guilt-slaves
 - 3. Fear-grid vulnerability
 - a. *Potential*
 - 4. Identity
 - a. *Self determination*
 - 5. Letting go of need to control others (as long as rights such as basic needs are met, this addiction is harmful) and feel powerful
 - a. narcissistic
 - b. superiority complex,
 - c. root of all evil,
- c. **Cc is about Responding**
 - i. **Psych- dissonance (belief (limitations: Heuristics, memory)**
 - 1. Self-preservation turns to culture preservation, preserving the dream of all artists, inventors, etc for all mankind, otherwise it was all a waste, they're dead, their record will only survive if we do
 - ii. **Bio- native species reduction, disaster and collapse preparation, economic and environmental sustainability**
 - iii. **Socio - importance of Individuation in maintaining beliefs, morale**
 - iv. **Politico/spirit- lack of following declarations/commandments,**

*Experiments v5.6, Analysis & Conclusion 2.0, Anal and Concl. Comp.

“CC1 CCV6.2 (Table o Contents)”

Magazine/Doctoral Thesis Pages:

- 1. Cover(s)

- a. **Ven Diagram:** Thinking/Belief/Theory/ (top), Feeling/Truth/Law (Bottom), Knowledge (Center)
- b. hand holding heart conch
- c. Ptolemy Styled: "conscious culture lettered on top of" full page Model (similar to **Geocentric theory**), Radio Wave, Lower Right Spectrum and sleep/wake EEG
- d. Layman artistic: hand holding **culture disk** with model compilation in the culture disk
- e. Back to back, **mechanical robotic looking down** lower left, living vascular/vitruvian looking upper right
- f. **Informed Consent:** top of the page titled "cc: Informed Consent"
2. **Disambiguation**-CCV4.5> *"Disambiguation"*
3. **Google Search**-Primary Docs> *"CC 6.1 COMPLETE COMP trimmed"*
4. **Define**-Primary Docs> *"CC!", "CC 6.1 COMPLETE COMP trimmed"*
 - a. **Culture**
 - b. **Conscious**
 - c. **Conscience**
 - d. **Science**
5. History (**OBS.** 1): CCV6> *"CC Timeline V200"*, Primary>CC Primary Drafts> *"Conscious Culture Timeline (SELF DISCOVER PACK)"*
 - a. Parse tree (extended to experimental parse tree summation/analysis)
 - b. Discovery of Planets and large bodies, Magnets and forces, Gases and smaller bodies (oxygen), Table of Elements Dev., Cellular Organization organisms
6. Plato's Cave Allegory (**OBS.** 2): Reading and Experiment Notes
7. Model Comp (**OBS.** 3): CCV6> *"Models Compilationrunning v6.1"*, CCV5> Model Compilation (CCV2-)> "CC Model Compilation Citations"
 - a.
8. Global Stats overlay Hierarchy of Needs (**OBS.** 4): CCV6: *"CC Stats 4.1"*
 - a. Transcendence: Full page for social movements
9. World Historic Declarations (**OBS.** 5): CCV6> *"Timeline V200"*, CCV2> *"World Historic Declarations (Condensed) V2"*
10. Question(s): *Blue Spiral Notebook*> p8
 - a. Hypothesis?
11. **Experiment:** CCV6> *"Experiments v5.51"*, CC Citations> Experiments
12. **Analysis:** CCV6> *"Analysis & Conclusion 2.0, Experiments v5.5"*, CCV5>Analysis

BARRIERS

- a. Bio - "Reflex": CONDITIONS (pos. reward, punish waste,)

recognizing formal limits
attachment and health
bronfenbrenner and universalsystem
addiction
11 cc conclusion

main images:

0 - culture dish
1 - root word
4.5 cbt
knowledge ven diagram belief and truth, intelligent behavior
10 taxonomic hierarchy

11 statue of responsibility

"Key Texts Reference"

Key Texts in Expected Order: (reinforcement synchronicity effect on optimism, meaning and energy)
You Don't Learn This in School!?

CC
Disambiguation
Defining Conscious Culture, conscience collective, colle
Introduction:
Non Violent Communication: Feelings, Needs, Source, Request
Feelings
Needs
Sources
Requests: Declarations
National Mitigation_Framework & Switzerland_Civil Protection System
Question:

Experimental:

Analysis:
A theology for the Social Gospel
Informed Consent Issues and Challenges
Conclusion:
Biopsychosociospiritual
Addiction
Emergency Ecological Moral Hierarchical Complex Taxonomical Circuit
Cognitive Crisis

Quotes:

- b. Psych - "Shortcuts": EDUCATION/RESOURCES (to resolve need for allocation)
- c. Socio - "Belonging": Opium of People (or governmental?), Addiction Retraditionalization
- d. Spiritual/Governmental - "Believing/Grief and Belief Formation/Cognitive Dissonance": TRANSPARENCY "Harvard business", "Social Gospel": Two Voices (parallels cog. Dissonance (self-preservation vs. group preservation (TMT Original Cog. Diss.))), Chinook Res. Self-Determ. /Recognition.
2. **Conclusion:** CCV6> *"Analysis & Conclusion 2.0"*
 - a. Plato's cave: meet the needs and remove the barriers
 - b. Guilt (Slaves) and Vulnerability (Grid)
3. Peer Review
 - a. Davis, Adams and Bella

Other Projects:

1. Canvassing Brochure
2. Informed Consent Document
3. RE Industrial Society and It's Future Manifesto: Primary>Primary Docs
4. Spotlight Program
5. Family Archive
6. PR Opiate Settlement (re: master's agreement, BP oil, etc.)

* Other Documents: Backups> Primary, Google Docs, VZMedia>Screenshots

Key Citations: Global Slavery Index, Department of Labor, CDC Mental,

Reorganize a folder for Citations (Revolutionary Texts, Experiments, Model Compilation, World Historic Declarations)

"CC Table of Contents.txt"

1 cc definitions - PROTOCOL (scientific method)
remediating the struggle to understand the "concrete totality" of the historical process (marxist class consciousness) leads to history map with emphasis on class beliefs, structure and interests ("1 - definitions comp")
2 cc google search, body map - PLACE AND SPACE
3 cc history -
4 cc platos cave
5 cc model compilation
6 cc needs hiearchy/ stats of war
7 cc world historic declarations
8 cc questions and hypothesis
9 cc experiments
10 cc analysis
new speak/transcending movements

Buckminster Fuller
Einstein
Gandhi
MLK
JFK
Eisenhower

"CC Reorganized.txt"

CC main thing

brochures

1. model compilation
2. world historic declarations
3. stats of war
 - combine new stuff from condensed citations located in in cc-cddownloads-mck phone-cc stats

of war citations

4. experiments
- 4.5 Analysis and Conclusion
5. models/considerations for future

biggest things are (what will impact/sway the homefront most)
department of labor slavegoods statistics

Many veterans also experience a feeling of guilt at surviving when others did not. Survivor guilt may cause an inability to enjoy life, self-destructive behaviors, and depression.

"CC Citation attempt 100"

1. Historical Analysis
 - a. Fire in Cave Leads to Model Comp
 - i. CBT Distorted Beliefs
 1. Stoicism - **the anchiridion, by Epictetus.pdf**
 2. Hume's founding text (treatise) - **humannature.pdf**
 3. Automatic thoughts and Cognitive Triad beck's origin depression - **b28350212.pdf**
 - ii. Needs and Motivation
 1. intrinsic
 - iii. Attachment and Health
 - iv. Attainment of Formal Processing
 - v. Chronosystem &/ Universal Traits - **urie_bronfenbrenner_the_ecology_of_human_developbokos-z1**, Ecological Models of Human Development
2. Statistical Analysis
 - a. Bio
 - i. Water is Life - wwd19 and 20, diarrheal deaths, fecal contam, standing rock incident, bpoil spill and pipeline, acidifying oceans, and private corp influence (continued in spiritual/governmental)
 - ii. Natural and Manmade Emergency Preparedness - terrorism and the electric power delivery...pdf , drought, hurricane, earthquakes, viral
 - iii. Degradation curves
 1. Increasing and Forced reliance on the state - rehabilitating the environment

- iv.
- b. Psych
 - i. Addiction – definition, google doc citations, AA results and
- c. Socio
 - i. Trust
 - ii. Modern Holocaust
- d. Spiritual / Governmental
 - i. Demographics of religions
 - ii. Moral/Corruption
 - iii. Financial feasibility
 - iv. "Justice System"
 - 1. Disservice and redirection towards systems over individuals
- v.
- 3. Experimental Analysis
 - a. Bio - Conditions
 - b. Psych - Shortcuts
 - i. Information theory - memory, heuristics, bits & freewill/user illusion
 - c. Socio - Conform/Belong
 - i. Moral disengagement / de-individuation / situational affect
 - d. Spiritual – Dissonance
 - i. Cognitive dissonance - belief disconfirmation, effort (self) justification
- 4. Meta- Analysis
 - a. Bio
 - b. Psych
 - i. Addiction and NPD Superiority Complex Rightism
 - c. Socio
 - i. Justice and Root of all evil
 - d. Spiritual/Governmental
 - i. Opium of the masses
 - ii. 2 voices – gospel
 - iii. Out of sight out of mind (the privileged class lack of conscience)
 - e. **Needs** Met and Cognition Power/**Formal Process** (Hierarchy and Cross-Cultural Piaget Analysis)
 - f. **Trust** and Health (Attachment Science and analysis)
 - g. Assault on **Identity** (Self-fulfilling Prophecy, Confirmation Bias, Stereotype Threat, Golem Effect)
- 5. Peer Review
 - a. PA Davis
 - i. Fight for survival creates internal and external enemy images, affirming life 3 points
 - b. D Adams
 - i. Beliefs affect activity experiment, Seville statement, enemy images bio or cult, aspects of culture of war
 - c. D Bella
- 6. Conclusion
 - a. **Assault** on identity – double consciousness, stereotype threat; awareness doesn't eliminate and other studies, golem effect, self-fulfilling prophecy
 - b. **Creates** Conditions – Chomsky, Pavlov and skinner, fuller.
 - i. The conditions create the man, the current conditions foster dissonance, create a system that does not foster dissonance but nourishes and cultivates an endogenous and historical intrinsic drive (that is already present. But hidden (conscience))
 - ii. HEALTH – biopsychosocial, Hippocrates (balance), viral, attachment and health,
 - iii. Affirm life / expanding identity – emergency ecological, Nietzsche
 - iv. Taking responsibility
 - 1. CC is about responding – definition of conscious – aware and responsive
 - 2. Statue of responsibility – mans search for meaning and logotherapy, learned optimism, narrative therapy for ptsd dialogical and dialectic
 - a. Guilt (slave) and Vulnerability (grid)
 - b. City
 - i. Socio slave free
 - ii. Bio pollution free
 - iii. Politico corruption free
 - iv. Psycho free education and resources
- c. **For dissonance**
- d. CC: Don't Miss the Point
- e. Protection (rights, life), Preparation (security, defense) , Potential (

- i. 1 Protection: rights, life, 2 preparation, security defense 3 protection by acknowledging and affirming rights to achieve potential
- f. Natural, Family, Grief
- g. Informed Consent

Pages: Opium of the People (**SG**), Addiction (**P**), Narcissistic Superiority Complex (**P**), Modern Holocaust (S), *Justice (S)*, *Pro Life and Pro Choice (SG)*, *Affirm Life (P/B)*, Family Restoration (**B**) & Individuation/ **RECLAIM IDENTITY (P/S)**

Additional: Luxury Beliefs (opium of the people?) (**SG**), Motives of Scientists ((NPD/Superiority?) (**P**), Venus Project (B), Chinook (B) and the Manuscript (**S**) (Industrial Society and It's Future)), **WATER IS LIFE**

Venus project press kit 2012 talking points: applying the scientific method to the social system, how environmental influences our behavior and values, changing human values, the process necessary to attain creativity and individuality, people are conditioned to serve the interests of the established culture, we have to live in accordance with the carrying capacity of earth's resources

²CC Primary Drafts
CC Stats of War
To mother v2